

# Fife Alcohol & Drug Partnership

**Workforce Development Training Programme: October 2014- March 2015** 

# Fife Alcohol & Drug Partnership

# **Workforce Development Training Programme**

Welcome to Fife Alcohol & Drug Partnership's Training Programme.

This programme aims to provide workers with the skills and knowledge to respond effectively to alcohol and drugs issues and to reduce the impact of substance use in Fife.

The course contents are based on national priorities and local needs with a focus on prevention, protection and recovery from substance use. This includes upskilling current alcohol and drug staff and building capacity in the wider workforce, particularly the social care sector.

Fife Alcohol & Drug Partnership is working in partnership with national trainers and is delivering courses through local services.

Courses will run from October 2014- March 2015.

Details of training providers and booking process can be found on page 32

I hope that the programme assists in improving services to everyone in Fife adversely affected by substance use

Superintendent Andy Edmonston
Chair of Fife Alcohol & Drug Partnership

Reducing the Impact of Substance Misuse in Fife

Deliver Effective
Prevention & Early
Intervention
Initiatives

Effectively Protect Those Affected by Substance Misuse

Deliver Effective Opportunities for Recovery from Substance Misuse



# Deliver Effective Prevention & Early Intervention Initiatives

Raising awareness and understanding of the risks and consequences of substance use remains a key priority for Fife Alcohol & Drug Partnership.

We have introduced courses at various levels to ensure that specialist agencies and the wider workforce have access to credible information about drug and alcohol use in Fife and are enabled to respond to ever changing trends.

The Scottish Government is focussing, as a priority on tackling New Psychoactive Substances (NPS). This also emerged as the primary training need among specialist drug and alcohol staff in Fife. Two levels of training have been developed in response.

Early intervention training is centred on a range of high risk groups aimed at improving health and preventing the scale of the drug or alcohol use increasing.

# **Prevention Training List**

**Alcohol Awareness Training** 

**Basic Alcohol Awareness** 

**Getting Clued Up** 

**Basic Alcohol & Drug Awareness** 

**Knowing the Score** 

**New Psychoactive Substances & Drug Awareness** 

What's New?

**New Psychoactive Substances Training (Advanced)** 

**Teenage Kicks** 

Substance use and young people

Potluck

Working with cannabis users

Let's talk about sex

Improving sexual and reproductive health for people who use alcohol & other drugs

**Going Viral** 

**Blood Borne Virus Training** 

**Saving Lives** 

**Overdose Prevention Intervention & Naloxone** 

# **Alcohol Awareness Training**

#### **Basic Alcohol Awareness**

This half day course is designed for professionals seeking to expand their knowledge of alcohol use.

#### Participants will explore:

- Our relationship with alcohol examining drinking culture, the impact on people and communities and our attitudes and beliefs
- Alcohol knowledge looking at what's in a drink, units of alcohol and sensible drinking guidelines
- Alcohol safety and our choices and how to drink safely

#### Who should attend?

This course is open to all NHS, local authority and voluntary sector staff. **Dates:** 

16 <sup>th</sup> December 2014	Bankhead Central, Glenrothes	9:30-12:30
8 <sup>th</sup> February 2015	Fife House, Glenrothes	13:00-16:00

Training provided by: Fife Alcohol Support Service

**Booking:** Fife Alcohol & Drug Partnership

Refreshments on arrival

# Introduction to Alcohol Brief Intervention (ABI)

Is delivered as part of

**Fife Health Improvement Training** 

See page 37



# **Getting Clued Up**

### **Drug and Alcohol Awareness**

This half day interactive course is designed for professionals seeking to expand their knowledge of substance use

#### **Learning Outcomes**

Participants will gain more knowledge of drugs and alcohol, their effects, current trends and wider issues surrounding substance use. This course will also provide information on the skills, knowledge and attitudes required for working with people and help develop competencies in dealing with such issues.

#### Who should attend?

This course is open to all NHS, local authority and voluntary sector staff who are in contact with people with drug or alcohol issues. This will be of particular benefit to those working in social work teams, criminal justice, housing and homelessness staff, local area networks, primary care staff, mental health nurses and hospital staff.

#### Dates:

9<sup>th</sup> December 2014, Clued Up, 441 High Street, Kirkcaldy 9:30-12:30 10<sup>th</sup> February 2015, Clued Up, 441 High Street, Kirkcaldy 9:30-12:30

Training provided by: Clued Up

**Booking:** Fife Alcohol & Drug Partnership

Refreshments on arrival



# New Psychoactive Substances (NPS)

# Knowing the score

#### **New Psychoactive Substances & Drug Awareness**

The 'Introductory' session will begin with an underpinning exploration of more traditional substances prior to examining NPS specifically.

The 'Introductory' level training will cover:-

- A Recap of substance use
- Overview of NPS and current NPS trends
- NPS Effects and side effects, NPS Risks and Dosage
- Treatment and responses
- Legislation, sources of information and support

8 <sup>th</sup> October 2014	Fife House Glenrothes	9:30-12:30
4 <sup>th</sup> December 2014	Benarty Centre, Ballingry	9:30-12:30

# Knowing more about the score

#### **New Psychoactive Substances Training**

The 'Intermediate' session assumes some pre-existing substance use knowledge/experience and so will explore 'NPS only':

- NPS substances Current and emerging trends
- Effects and side effects
- Motivations (why NPS?)
- Administration routes (including injecting), Dosage and Risks
- Problematic use
- Treatment and responses including harm reduction
- Legislation, sources of information, data and support

	Benarty Centre, Ballingry	9:30-12:30
29 <sup>th</sup> January 2015	Bankhead Central, Glenrothes	13:00-16:00
9 <sup>th</sup> March 2015	Town House, Kirkcaldy	13:00-16:00

Book through <u>Fife Alcohol & Drug Partnership</u> - Refreshments on arrival for both courses

# Teenage kicks

### Substance use and young people

This course will explore a number of issues and responses relating to young people and substance use.

**Learning Outcomes:** By the end of the session participants will be able to:

- Name the most common substances in use by young people in Fife and describe key effects
- Identify the reasons why young people choose to use substances
- Recall the risk factors for problematic substance use
- Describe common patterns of use amongst young people including poly drug use
- Recall prevention, recovery and harm reduction interventions
- Identify effective techniques to work with young people around substance use

Who should attend? This course is open to all NHS, local authority and voluntary sector staff who are looking to respond effectively to young people and substance use.

5<sup>th</sup> November 2014 Adam Smith Theatre Kirkcaldy 9:30-4:30 25<sup>th</sup> March 2015 Adam Smith Theatre, Kirkcaldy 9:30-4:30

Training provided by: Scottish Drug Forum

Booking: Fife Alcohol & Drug Partnership

# Alcohol Brief Intervention (ABI) With Young People

Is delivered as part of Fife Health Improvement Training -see Page 37

### Potluck

### Working with cannabis users

This course will explore a number of issues and responses relating to people who use cannabis.

**Learning Outcomes:** By the end of the session participants will be able to:

- Name the different strains and forms of cannabis including synthetic cannabinoids
- Recall the main effects and side effects of cannabis/synthetic cannabinoids
- Describe the role of cannabis in poly-drug use
- Identify the typical presenting issues for problematic cannabis/synthetic cannabinoid use
- Describe the relationship between cannabis and mental health issues
- Identify treatment options for dependent cannabis/synthetic cannabinoid users
- Recall effective techniques for working with cannabis/synthetic cannabinoid users including harm reduction

Who should attend? This course is open to all NHS, local authority and voluntary sector staff who are looking to respond effectively to people who use cannabis. Priority will be given to people who currently work with cannabis users.

30<sup>th</sup> October 2014 Adam Smith Theatre, Kirkcaldy 9:30-4:30 19<sup>th</sup> March 2015 Adam Smith Theatre, Kirkcaldy 9:30-4:30

Training provided by: Scottish Drug Forum

Booking: Fife Alcohol & Drug Partnership

Refreshments provided – Lunch NOT provided

# Improving sexual and reproductive health for people who use alcohol & other drugs

This course aims to up skill staff and expand knowledge and confidence around the sexual and reproductive health of service users.

**Learning Outcomes:** By attending the training participants will have:

- Explored why people use drugs and the effects of drug use on choices around sexual and reproductive health. Consider a range of substances and the impact they may have, including increased risks of STIs and unintended pregnancy as well as sexual assault and rape
- Shared knowledge about the law, contraception and sexually transmitted infections
- Explored attitudes to sexual and reproductive health and substance use
- Identified local services and resources

#### Who should attend?

This course is open to all NHS, local authority and voluntary sector staff who support people who use alcohol and other drugs

6<sup>th</sup> October 2014 Bankhead Central, Glenrothes 9:30 -4:30 18<sup>th</sup> November 2014 Parkgate Community Centre, Rosyth 9:30-4:30

Training WITH LUNCH and refreshments provided by:

Scottish Drug Forum

**Booking**: Fife Alcohol & Drug Partnership

# **Going viral**

## **Blood Borne Virus Training**

This training aims to increase understanding and knowledge of key issues related to blood borne viruses (BBV) with a particular emphasis on risks associated with drug use. The main focus will be on Hepatitis C but will also include information on Hepatitis B and HIV.

#### Areas covered will include

- BBV awareness understanding Hepatitis C, Hepatitis B, & HIV, routes of transmission, signs & symptoms, what are the outcomes of BBV infection?
- Prevention how do we engage with, and get relevant and meaningful prevention messages across to those at risk?
- Understanding the injection process and its associated risks
- Testing, diagnosis and treatment understanding the process and challenges of those going through the treatment journey
- Referral and signposting pathways raising awareness of, and establishing links with, local specialist services

#### Who should attend?

This course is open to all NHS, local authority and voluntary sector staff who support people who use alcohol and other drugs

27<sup>th</sup> November 2014 Clued Up, 441 High Street, Kirkcaldy 9:30-16:00 4<sup>th</sup> February 2015 Clued Up 441 High Street, Kirkcaldy 9:30 – 16:00

Training provided by: Hepatitis Scotland
Booking: Fife Alcohol & Drug Partnership
Refreshments provided – Lunch NOT provided

# **Saving lives**

Overdose Prevention, Intervention and Naloxone - Awareness Session

Rates of drug-related deaths in Scotland continue to be among the highest in Europe.

This session will give participants an insight into the issue whilst giving knowledge of how to prevent, recognise and intervene in an overdose situation.

It will also provide information on take-home naloxone\* (what it is, how to use it, who can get it and where they can get it) and an update on the National Naloxone Programme.

#### Who should attend?

This course is open to all NHS, local authority and voluntary sector staff

18 <sup>th</sup> February 2015	<b>Buckhaven Community Centre</b>	10:00-12:00
18 <sup>th</sup> February 2015	Benarty Centre, Ballingry	14:00-16:00

Training provided by: Scottish Drug Forum Booking: Fife Alcohol & Drug Partnership

\*Naloxone is a medicine that can temporarily reverse the effect of opiate drugs – for more information visit: www.naloxone.org.uk

## **Effectively Protect Those**

### Affected by Substance Misuse

Protection training focuses primarily on those most at risk and in need of support as a result of another's substance use.

Children affected by parental misuse are among the most vulnerable in society. We collaborate each year with Fife Child Protection Committee and Scottish Training on Drugs and Alcohol to provide additional child protection training that focusses on parental substance misuse. The courses that run from October are listed in this booklet alongside links to general Fife Child Protection Committee and Adult Protection Committee training.

Families are deeply affected by a loved one's substance use and Scottish Families Affected by Alcohol & Drugs are offering a course that looks at developing practices in family support.

Domestic abuse training is being delivered through our commitment to tacking substance related violence.

# **Protection Training List**

Children and families affected by parental substance misuse

Child protection & substance misuse

Information Sharing: Responding Early to Children affected by Parental Substance Misuse

Substance misuse and parenting capacity

**Fife Child Protection Committee training** 

Vulnerable In Pregnancy (VIP) training workshops

Domestic abuse and substance use

Focusing on families affected by alcohol &drugs: Improving responses and support.

**Fife Adult Protection Committee training** 

# Children and families affected by parental substance misuse

Aim and Objectives – This foundation module is designed to give participants the opportunity to strengthen their knowledge of the impact of substance misuse on parenting capacity and child development. Participants will consider the current legislative framework and application of national strategies in order to guide effective practice. The importance of sharing information will be a key focus along with the opportunity to reflect on practical ways of improving practice.

**Learning Outcomes** - On completion of this training, participants should be able to:

- Recognise the potential and actual impact of parental substance use on children.
- Identify protective factors which promote resilience in adverse circumstances.
- Utilise the Child's Change Cycle tool and understand how it relates to the Trans-theoretical Model of Change for adults.
- Understand the importance of appropriate information sharing at an intra- and inter-agency level.
- Reflect on personal and professional values and how this may impact on practice.

Who should attend? All frontline staff and managers who work with children and families in the public, private and voluntary sectors including health, education, social work, police, housing, community services and the voluntary sector.

#### Dates:

22<sup>nd</sup> and 23<sup>rd</sup> January Auchterderran Centre, Cardenden 9:30 – 16:30

**Training provided by: STRADA** 

Booking: www.fifechildprotection.org.uk

# Child protection & substance misuse

# Information Sharing: Responding Early to Children affected by Parental Substance Misuse

Aim and Objectives — The module is designed to equip participants with an increased awareness and understanding of the needs of and risks to children living with parents / carers with substance misuse issues. The roles and responsibilities of staff in Fife in responding early to children affected by parental substance misuse shall be explored and challenges and opportunities across and within agencies in relation to information sharing will be examined. Consideration shall be given to the risks and needs of children living with parents /carers who are currently making changes to their use of substances.

**Learning Outcomes -** On completion of this training participants should be able to:

- Demonstrate increased knowledge of the impact of parental substance misuse on children's wellbeing and development.
- Show an understanding of the local and national policies and procedures which underpin practice in Fife around children affected by parental substance misuse.
- Describe intra and inter agency responsibilities in relation to sharing information around wellbeing and risk in relation to children affected by parental substance

Who should attend? All frontline staff and managers who work with children and families in the public, private and voluntary sectors including health, education, social work, police, housing, community services and the voluntary sector.

#### Dates:

29<sup>th</sup> & 30<sup>th</sup> January Auchterderran Centre, Cardenden 9:30 – 16:30

Training provided by: STRADA

Booking: www.fifechildprotection.org.uk

## Substance misuse and parenting capacity

Aim and Objectives –The course is designed to give practitioners the opportunity to strengthen their knowledge and practice of the impact of substance misuse on parenting capacity and family functioning. Participants will consider the ways in which substance misuse impacts on parenting in the short and long term, and the potential impact of this on children.

**Learning Outcomes** - On completion of this training, participants should be able to:

- Articulate the impacts of substance misuse issues on parenting and family functioning.
- Identify parenting which is affected by parental substance misuse.
- Describe the range of effects substance misuse in the short and long term for both parents and children, with a focus on the effects of substance use on cognitive and emotional capacity.
- Discuss methods for analysing information in multi-agency parenting capacity and substance misuse assessments.
- Recognise the impact of the recovery journey for children.

Who should attend? This course will be of specific interest to staff who are working with and supporting parents in recovery, for example, staff in NHS Addiction Services, Voluntary Sector Addiction Services, Housing Support Services, Child and Family Social Work, Adult Social Work, Criminal Justice Social Work Family and Community Support Services and Voluntary Sector Family Support Services.

21st<sup>th</sup> November 2014 Auchterderran Centre, Cardenden 9:30 – 16:30 20<sup>th</sup> February 2015 Auchterderran Centre, Cardenden 9:30 – 16:30

Training provided by: STRADA

Booking: www.fifechildprotection.org.uk

Fife CPC offer a list of training aimed at the 'general contact' workforce who, as part of their job, are likely to come into contact with children, young people and other family members

An Introduction To Girfec And Child Protection (1 day course)

**Getting it Right in Early Years (1 day course)** 

**Getting It Right In Early Years Birth - 3 Years (half day course)** 

**<u>Children's Rights</u>** (half day course)

Neglect - what are we talking about?(1 day course)

Training is also available to the 'specific contact' workforce who carry out direct work with children, young people or other family members; and/or form more in-depth relationships with them; and/or provide specific services to them

**Introduction to Case Conference (1/2 day course)** 

Working Together to Safeguard Children (2 day Course)

Links Between Domestic Abuse & Child Protection (1 day course)

For more information or to book a place on any of these courses visit: <a href="https://www.fifechildprotection.org.uk">www.fifechildprotection.org.uk</a>

Fife Child Protection Committee

# Vulnerable in Pregnancy (VIP) Service Lunchtime Workshops

The Vulnerable In Pregnancy (VIP) project has been developed in Fife over the past fifteen years to help identify and support pregnant substance users presenting for care in Fife. Every year the project delivers monthly rotating workshops running from February until October. The postnatal care workshop will run in October and revamped courses will commence in February 2015. These will be advertised through Fife Alcohol & Drug Partnership.

#### 1) Drugs & Alcohol

- Quiz
- Local patterns and trends
- How much do you know?
- Toxicology screening

#### 2) Antenatal screening

- BBV quiz
- Fetal Alcohol Syndrome
- FASD DVD
- Addiction –scenarios

#### 3) Postnatal care

- Child protection quiz
- Neonatal abstinence syndrome
- Connected baby DVD

•

Postnatal care workshop 30<sup>th</sup> October 2014 12:30pm Parenthood Room, Maternity OPD, Vicotria Hospital –all welcome - Turn up on the day Bring Lunch With you. Lead Contact: margaretlawson@nhs.net

#### Domestic abuse and substance use

#### Aim:

To explore and understand the links between domestic abuse and substance use.

#### **Learning Outcomes:**

- Increase awareness of the links between domestic abuse and substance use
- Develop an understanding of how drugs and alcohol can be used as a coping mechanism by victims experiencing violence against women
- Understand the barriers victims face accessing services
- Increase knowledge of the different support services in Fife
- Increase confidence in identifying and responding to the issues raised

Who should attend? This course is open to all NHS, local authority and voluntary sector staff.

6<sup>th</sup> November 2014 Bankhead Central, Glenrothes 9:30-12:30 3<sup>rd</sup> March 2015 Benarty Centre, Ballingry 13:00-16:00

Training provided by: Fife Domestic & Sexual Abuse Partnership

**Booking:** Fife Alcohol & Drug Partnership

Refreshments on arrival



# Focusing on families affected by alcohol &drugs: Improving responses and support.

Scottish Families is offering a training workshop for individuals considering developing support for families affected by alcohol & drugs in Fife.

The workshop aims to allow participants to:

- Recognise the impact on, and needs of, families affected by others' substance use in their own right
- Discuss local issues for both families accessing support and services providing support locally
- Identify opportunities to improve responses and support through developing family inclusive practices and family support services, including family support groups

Who should attend? The course is aimed at any individuals considering developing support for families in Fife. This is intentionally broad to include individual alcohol & drugs workers looking to include family members in their practice, services considering including family members, and family members who may be considering starting a family support group.

28<sup>th</sup> October 2014 Auchterderran Centre, Cardenden

10:30-3:30

Training provided by: Scottish Families Affected by Alcohol & Drugs Booking: info@sfad.org.uk

Refreshments on arrival and LUNCH IS PROVIDED

# **Fife Adult Protection Committee training**

Fife's Adult Protection Committee is a partnership between Fife Council Social Work Service, Police Scotland P Division and NHS Fife. The Committee aims to ensure the provision of support and protection to adults at risk of harm in Fife, enabling them to live safe, healthy and fulfilling lives within their community. They provide annual classroom based training on the following:

**ADULT PROTECTION - WORKING TOGETHER ADULT CASE CONFERENCES INVESTIGATIVE INTERVIEWS** RECORDING AND DEFENSIBLE DECISION MAKING

Fife's Adult Protection Committee also provides Adult Protection Elearning which is a free learning module available to everyone.

For more information or to book a place visit

www.fifedirect.org.uk/adultprotection



# Deliver Effective Opportunities for Recovery from Substance Misuse

The recovery training courses have been selected to meet local needs. Training requirements have been highlighted by staff working both within specialist drug and alcohol agencies and from the wider workforce who are in contact with people who use substances.

These training courses aim to build capacity in the workforce so that non-specialist staff develop the skills, knowledge and confidence to support people in recovery.

We have also included a series two hour recovery seminars developed and delivered by Scottish Recovery Consortium.

These have been devised in response to the needs of drug and alcohol agencies across Scotland to support agencies working with drug and alcohol users to become focussed on recovery from addiction. This includes an overview seminar for staff or committee members who are not directly involved in the day to day delivery of services and input on service design to include provision for the first five years in recovery.

# **Recovery Training List**

Introduction to motivational interviewing

Essential skills for working with people who use drugs and alcohol

What works? Drug and alcohol treatment options

What you need to know about working with alcohol, drugs and mental health

**Recovery matters** 

# 2 Hour Recovery Seminars

The essentials of recovery

Asset based treatment practice

Supporting abstinence as a choice in treatment

Achieving recovery quality standards and outcomes

Recovery services design by ages and stages

# **Introduction to motivational interviewing**2 Day course

This introductory course will begin to develop knowledge and skills in motivational interviewing and seeks to support practitioners to work towards improving service user outcomes through training in how to apply this method

**Learning Outcomes:** By the end of the session participants will have:

- Defined the nature of ambivalence about change
- Applied the spirit of motivational interviewing, integrated with the OARS counselling skills to engage a person in personal conversation.
- Analysed how motivational interviewing can influence change by intentionally evoking and strengthening natural language (change talk)
- Identified how motivational interviewing may be used within own practice setting

Who should attend? This workshop is appropriate for practitioners who are in the role of conducting one-to-one therapeutic discussions with people using or misusing drugs and alcohol with the focus on making and sustaining healthy behaviour changes

15<sup>th</sup> and 16<sup>th</sup> December 2014 County Hall, County Buildings, Cupar 10<sup>th</sup> and 11<sup>th</sup> February 2015 Vine Venue, Garvock Hill, Dunfermline

The course runs 9:30 -16:30 both days

Training provided by: STRADA Booking: STRADA Cupar

**STRADA Dunfermline** 

# Essential skills for working with people who use drugs and alcohol

This course will develop knowledge on the skills required for working with people who use drugs and alcohol.

**Learning outcomes:** By the end of the session participants will be able to:

- Identify the key qualities to support drug and alcohol users effectively
- Describe the role of non-verbal communication
- Recall the core conditions
- Demonstrate application of key skills for supporting drug users including paraphrasing and active listening
- Name the stages of behaviour change
- Identify techniques when working with drug and alcohol users

Who should attend? This course is open to all NHS, local authority and voluntary sector staff who are in contact with people with drug or alcohol issues. This will be of particular benefit to those working in social work teams, criminal justice, housing and homelessness staff.

12<sup>th</sup> November 2014 Adam Smith Theatre, Kirkcaldy 9:30-4:30 12<sup>th</sup> March 2015 Adam Smith Theatre, Kirkcaldy 9:30-4:30

Training provided by: Scottish Drug Forum

Booking: Fife Alcohol & Drug Partnership

Refreshments provided – Lunch NOT provided

# What works? Drug and alcohol treatment options

This course will develop knowledge on the various treatments available for substance users.

**Learning outcomes:** By the end of the session participants will be able to:

- Recall the various treatment models for substance users
- Name the substitute prescribing options for key substances in use
- Describe the pros and cons of the different treatment options
- Demonstrate how to involve service users in identifying appropriate treatment goals
- Identify psychosocial interventions for working with drugs users
- Recall mutual aid and self help treatment options
- Identify key treatment options and treatment pathways in Fife

Who should attend? This course is open to all NHS, local authority and voluntary sector staff who are in contact with people with drug or alcohol issues.

3rd December 2014 Adam Smith Theatre, Kirkcaldy 9:30-4:30 5<sup>th</sup> March 2015 Adam Smith Theatre, Kirkcaldy 9:30-4:30

Training provided by: Scottish Drug Forum

Booking: Fife Alcohol & Drug Partnership

Refreshments provided – Lunch NOT provided

# What you need to know about working with alcohol, drug; and mental health

This course will develop knowledge on the various treatments available for substance users.

**Learning outcomes:** By the end of the session participants will be able to:

- Describe the impact of drug and alcohol use on mental health and mental health issues on drug and alcohol use
- Name common triggers for substance use and mental health issues
- Identify attitudes and values towards substance use and mental health
- Recall the role of self medicating in people with mental health issues
- Identify effective techniques for supporting with people affected by mental health and substance use issues
- Recognise when to refer on/collaborate with partner agencies

Who should attend? This course is open to all NHS, local authority and voluntary sector staff who are in contact with people with drug or alcohol issues.

10<sup>th</sup> December 2014 Adam Smith Theatre, Kirkcaldy 9:30-4:30 26<sup>th</sup> February 2015 Adam Smith Theatre, Kirkcaldy 9:30-4:30

Training provided by: Scottish Drug Forum

Booking: Fife Alcohol & Drug Partnership

Refreshments provided – Lunch NOT provided

## Recovery matters - Full day

Recovery Matters is a one day workshop for staff at the frontline of addiction treatment and recovery services. Participants are joined by recovery activists who provide additional insight from the perspective of long-term recovery from addiction.

Key drivers for recovery orientated treatment practice are discovered and explored as part of the day's learning, and the relationships that build recovery practice and outcomes in treatment are made at workshop tables. Throughout the course of the day staff are empowered to shift their treatment practice to focus on recovery from addiction.

2nd October 2014 Lomond Centre, Glenrothes 10:00-16:00

Training provided by: Scottish Recovery Consortium

Booking: Scottish Recovery Consortium
LUNCH AND REFRESHMENTS PROVIDED

# 2 Hour Recovery Seminars

## The essentials of recovery

An overview of recovery principles and practice for senior treatment staff, ADP committee members and other staff members who are not directly involved in the delivery of addiction and recovery services.

9<sup>th</sup> October 2014 Lomond Centre, Glenrothes - 12:30 -14:30

Training provided by: Scottish Recovery Consortium

**Booking: Scottish Recovery Consortium** 

Refreshments on arrival

# **Asset based treatment practice**

The basic cultures of negative norming, stigmatising language, practices and behaviours that support addictions will be identified and explored in this seminar. Participants will learn asset based/strength based approaches to treatment planning and communication with people that use your services.

This seminar is of particular interest to front line staff and staff that lead and support them.

29<sup>th</sup> October 2014 Benarty Centre, Ballingry 12:30 – 14:30 26<sup>th</sup> November 2014 Bankhead Central, Glenrothes 16:30-18:30

Training provided by: Scottish Recovery Consortium

**Booking:** SRC Benarty Centre, Ballingry

**SRC Bankhead Central, Glenrothes** 

Refreshments on arrival

#### Supporting abstinence as a choice in treatment

The seminar will focus upon evidence based tools and practice skills for front line staff who support those that may make a choice to become, or remain, abstinent while in their treatment service.

Front line treatment staff and staff that lead and support them would benefit from attending this seminar.

26<sup>th</sup> November 2014 Adam Smith Theatre, Kirkcaldy 12:30-14:30

Training provided by: Scottish Recovery Consortium

**Booking: Scottish Recovery Consortium** 

Refreshments on arrival

# Achieving recovery quality standards and outcomes

We will guide staff through the new Scottish Government recovery service delivery standards and discuss the new SRC recovery outcomes tool.

This seminar is of particular interest to those with a monitoring and evaluation role, front line treatment staff and staff that lead and support them.

28<sup>th</sup> January 2015 City Chambers, Dunfermline

12:30-14:30

Training provided by: Scottish Recovery Consortium **Booking:** Fife Alcohol & Drug Partnership

# Recovery services design by ages and stages

A seminar that focuses upon shaping service delivery to increase your contributions across the first years of recovery. Research and practice based evidence for recovery initiatives are used to supplement learning.

This would be particularly useful for those in leadership positions and those involved in commissioning, tendering for and designing treatment services.

25<sup>th</sup> February 2015 City Chambers, Dunfermline

10:00-12:00

Training provided by: Scottish Recovery Consortium

**Booking:** Fife Alcohol & Drug Partnership

#### **Booking Conditions:**

### By applying for an ADP training course, you agree that:

- If you have to cancel your place on this course, you will give Fife ADP Support Team notice of at least 10 working days to enable the place to be offered to someone else.
- You will not attend a training course without having received a letter or email of confirmation.
- You will not allow anyone else to attend a training course in your place without prior agreement with **Fife ADP Support** Team
- You will not arrive late for a training course.
- You will not attend a training course if you cannot stay until the stated finishing time.

PLEASE NOTE THAT UNLESS OTHERWISE STATED LUNCH IS **NOT PROVIDED.** 

for any queries relating to training booking please contact:

Beverley Harkins, Fife ADP Support Team, Brunton House, High Street, Cowdenbeath, KY4 9QU, email Alcohol.druginfo@fife.gov.uk telephone 03451 555555 Ext 446153

# **Alcohol and Drug Training**

#### **Application Form**

Name:					
Job Title:					
Organisation:					
Address:					
	Postcode:				
Tel:					
Email:					
Please details any					
dietary requirements	:				
Course Title:					
Venue:					
Date & Time:					
Please specify ( whic	h of the followin	g you are employ	ed by:		
Third Sector L	ocal Authority	Private Compa	ıny 🗌	NHS	
For completion by yo	ur line manager:	I authorise the a	bove nam	ed meml	er of
staff to attend this tr	aining course:				
Name:	Job Title:				
Tel:	Email:				
Please tick the box to indicate that you have read and accepted the booking					
conditions (*):					
Please tell us how you heard about the training:					

**Please return this form to:** Beverley Harkins, Fife ADP Support Team, Brunton House, High Street, Cowdenbeath, KY4 9QU, email <u>Alcohol.druginfo@fife.gov.uk</u> telephone 03451 555555 Ext 446153

#### **Data Protection**

**Fife ADP Support Team** ensure that information gathered from this form will be only be used for the administration and evaluation of the services provided by the Fife ADP Support Team.

# List of National Training Providers

Hepatitis	Hepatitis Scotland Scottish Drugs Forum	Hepatitis Scotland offers free training on viral hepatitis primarily to non-statutory organisations. This includes specialist services working with drug users, generic services working with marginalised and disadvantaged young people (16-24 yrs, and services working with black and minority ethnic communities. If you wish to contact our Training and Development Officer please e-mail <a href="mailto:graham@hepatitisscotland.org.uk">graham@hepatitisscotland.org.uk</a> .  Scottish Drugs Forum delivers general and specialist training on drug-related issues for a range of agencies and through a number of approaches.
SDF Scottish Drugs Forum		You can also commission us to create fully bespoke courses in any subject area, please get in touch with our National Training and Development Officer Katy MacLeod to discuss your needs, email <a href="mailto:katy@sdf.org.uk">katy@sdf.org.uk</a> or call 0141 221 1175 for more details  For a list of staff including trainers visit: www.sdf.org.uk/about-us/who-we-are
Scottish Families Affected by Alcohol & Drugs	Scottish Families Affected by Alcohol & Drugs	provide training to the alcohol & drug and wider workforce to increase awareness and support provision for families. For further information contact Scott Clements on 0141 221 0544 or email <a href="mailto:training@sfad.org.uk">training@sfad.org.uk</a>
University of Glasgow  STRADA Expanding knowledge, changing practice	Scottish Training on Drugs and Alcohol (STRADA)	STRADA: is the leading national workforce development organisation supporting those working with and affected by drug and alcohol misuse. We work to improve the competence of staff working in the substance misuse field in order that the interventions available locally aid the recovery of those affected by substance misuse. <a href="https://www.projectstrada.org">www.projectstrada.org</a>
SRC SCOTTISH RECOVERY CONSORTIUM	Scottish Recovery Consortium	The Scottish Recovery Consortium is a small independent charity funded by the Scottish Government to support the implementation of national drug strategy, 'The Road to Recovery'.  We work with people in recovery, treatment providers, recovery communities and support agencies to build the capacity of the recovery movement on a local and national level.
		To find out more about the workshops we offer visit <a href="http://www.sdrconsortium.org/index.php?id=148">http://www.sdrconsortium.org/index.php?id=148</a> Office Number: 0141 552 1355