



DREAMERS AND DOERS

Paid work with flexible, family friendly hours doesn't come along every day for women. That's why more women than ever before are starting small businesses.

You can be one of them!

Turn your skills and talents into cash by building on the things you can already do or by learning a new skill. Childcare, jewellery making, gardening, baking, counselling, admin work, fixing cars, cleaning, bookkeeping, painting... the list is endless.

Find out how by signing up for a new series of free workshops organised for local women by the West Wemyss Community Trust.



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INSPIRING
WOMEN IN
ENTERPRISE

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Starting in May in Buckhaven, East and West Wemyss, the Dreamers & Doers programme offers you the chance to develop and share ideas, to work out what you can do and help grow your confidence.

You will hear how other women started their businesses, get help on things like managing tax, developing business plans and marketing. Most important of all you will get 1:1 coaching to help you take the first steps towards self-employment.

Don't just shrug and say it's not for you. You don't need to be a super-confident high flyer, you don't even have to have an original idea or a lot of money to get started. Many women start their businesses with simple ideas based on what they do every day – cooking, cleaning, caring or walking the dog.

And other women end up building successful business from skills and ideas they never knew they had. It could be you.

For more information call course leader Shelagh Young on 07834 924435 or Community Development Co-ordinator Aileen Aitken on 07507396407 or send an email to dreamersdoersfife@gmail.com.

Some help with childcare and travel costs is available.

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51 Main Street • West Wemyss • Kirkcaldy • KY1 4SW
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Case study

Caroline Graham is 40, lives in Largo with her two children and runs gift and homeware business East Coast Reflections. She makes beautiful items from driftwood washed up on Fife's beaches and sells at craft fairs. She admits she was a little scared of starting her business.

"I had the skills just not the confidence and I've had help to take it forward step by step. It's great to hear about this programme. I know how hard it feels getting back into skills building after starting a family."

Could you follow your dream like Caroline?
Let us help you do it.