



delivering differently

wellbeing and work - Fife

Frequently Asked Questions for the Delivering Differently Workshops

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What is Delivering Differently?

Delivering Differently is a partnership project that envisions a Fife where people with mental health problems can easily access appropriate support as and when they are ready to make the journey (back) into work.

The project is funded by the Scottish Government and is being led by Fife Voluntary Action in partnership with Opportunities Fife Partnership and Fife's Health and Social Care Partnership.

What are the workshops about?

The Workshops are a key part of the Delivering Differently project. We want to hear from people with lived experience of mental health problems and the staff who work in these areas. We want to gain a better understanding of what has worked well for people, so we can build on these good areas of work.

What will you do with my contributions – how will I make a difference?

Information given at the workshops will be collated and themes will be used to inform recommendations for actions for pilot funding, services changes and for informing staff training requirements in both mental health and employability services.

Delivering Differently is being driven from key strategic partners who are keen to understand how we can make services even better for those accessing them.

Where will my information be used?

The information you provide in the booking form will only be used for the purposes of the workshops. We would like to keep in contact with you after the workshops so you can see what your information is being used for, you will be asked if you're happy for us to keep in contact in the booking form and your wishes will be respected.

Your information will not be passed onto any third parties and will be deleted at the conclusion of the Delivering Differently Project in March 2019.

Can I bring someone with me?

Yes, you are welcome to bring someone along to the workshop. Please ensure they are also booked onto the workshop so we know to expect them.

Is the venue accessible?

Yes all venues are fully accessible for wheelchair access. If you have other access requirements please let us know as soon as possible so we can ensure the workshop is fully accessible for your needs.

Will we get lunch?

Lunch will only be provided at the South West Fife workshop.

Teas, coffees and biscuits will be provided on arrival and during the break at all other workshops.

Will my expenses be paid?

Non-staff: Yes, you will be able to claim up to 8.70 for your travel costs incurred by attending a workshop. This covers a Fife dayrider ticket. Any ticket more expensive than this cannot be claimed for.

Millage must be declared beforehand and will be paid at 45p per mile from your home address to the venue and your return journey, again only up to the value of £8.70.

Staff are unable to claim travel costs.

What do you mean by mental health?

Anyone that self-identifies themselves as having struggled with poor mental health. We understand some people may not have a diagnosis and this is completely fine, you don't need to have a diagnosed mental health condition to access the workshops.

If you have experienced anything that you would consider to be a mental health problem then you are welcome at any of the workshops.

We are also happy to welcome carers of those with mental health problems.

What do you mean by employability?

Employability is defined as the skills and abilities that allow you to be employed. This goes all the way from having confidence and self-esteem to having the right skills and qualifications.

There are many organisations working in the Fife area helping people on their journey to employment and they will be present at the workshops.

I work for an organisation, but I wish to attend as an individual, is this OK?

Absolutely. We would be happy to welcome you along as an individual. You don't have to declare which organisation you work for, just sign-up as a private individual in the booking form.