

## WHAT'S HAPPENING IN FIFE....



### Welcome to the Scottish Health Council Fife May update

Since our last update in April, we have continued to meet with various organisations across Fife that are involved in the field of mental health to let them know about the role of the Scottish Health Council and the new 'Our Voice' framework.

During the month of June and July we will be working in conjunction with the Chief Medical Officer at Scottish Government to gather views on What Realistic Medicine means to individuals. Watch out for more details coming soon!

For our last issue we started trialling the use of Livebinders, an online resource which we can upload the news update and associated documents too and enables you to look at past issues as well in one place. We have received some positive feedback however we are aware that some people have experienced issues so for the time being we will continue to send the update by email with attachments and the link to livebinders.

As mentioned in our last issue, George will be leaving us at the end of June. We are having a Farewell Drop in afternoon on Thursday 29<sup>th</sup> June from 12noon until 4pm, please do pop along and help George celebrate his impending retirement! I'm sure I speak for all of us by saying we will really miss him!

*George, Judith and Suzanne*

## 'What Matters to You?' Day 2017



'What matters to you?' Day took place on Tuesday 6<sup>th</sup> June 2017. We held a stall in the foyer of St Andrews Hospital gathering views from individuals regarding 'What Matters to you?'. The views were gathered by writing on the table cloth (world cafe style) along with post it notes. We had a great time (on what was a miserable wet day!) with special thanks to everyone that came along, said 'Hi' and took part in the conversations.



The logo for the Scottish Health Council, featuring the text "scottish health council" in a purple speech bubble shape.making sure  
your voice counts

## Engagement Project – People Affected by Mental Health Issues

We have been forging ahead with this interesting piece of work. We have been out and about meeting lots of amazing people and gaining valuable feedback which will be shared with our NHS Fife Colleagues upon completion of the project. We have more sessions and meetings planned in for June and July so it's going to be a busy time for us!

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## St Andrews University

We are excited to report good progress in bringing together key staff within NHS Fife and St Andrews University to look at ways to improve services, particularly sexual and mental health to the student population. True Partnership working at its best!

## Patient Participation Group (PPG) Awareness Week

It's national Patient Participation Group week 19<sup>th</sup> to the 25<sup>th</sup> June.

A Patient Participation Group is a patient-led group, linked to a local general practice, which works alongside GPs and practice staff to provide a patient perspective on healthcare services that are offered to the community. The Scottish Health Council has produced a range of materials, such as a Patient Participation Group Start up Guide, Development tool and we have put together an interactive map to illustrate the location of GP practices in Scotland which currently have a Patient Participation Group (PPG). For more information visit our website:

[http://www.scottishhealthcouncil.org/patient\\_public\\_participation/patient\\_participation\\_groups/patient\\_participation\\_groups.aspx#.WS\\_pz5Lyvcs](http://www.scottishhealthcouncil.org/patient_public_participation/patient_participation_groups/patient_participation_groups.aspx#.WS_pz5Lyvcs)

## INVOLVEMENT OPPORTUNITIES



### **Public participation in the review of health and social care services**

Are you interested in working with health and social care services to improve service delivery? If so we would really appreciate your involvement as we review a range of services to develop options to improve how we deliver services together across acute, community and social care sectors.

We are looking for people who would be interested in participating in three workshops (2 morning sessions and one short day) to discuss how we deliver care in Fife. The workshops will be between late August and September.

If this is something you would be interested in please contact Judith Knox, at the Scottish Health Council on 01592 200555/ [fife@scottishhealthcouncil.org](mailto:fife@scottishhealthcouncil.org) .



### **Equality and Human Rights Strategy Group – Call for Public / Service User/ Carer Representation**

The Equality and Human Rights Strategy Group is looking to recruit more public representatives / service users / carers to sit on the group. This group provides support and accountability to NHS Fife to fulfil its Equality and Human Rights obligations in line with legislation and national guidance. The group monitor, review and report on progress against NHS Fife, which includes a range of mainstreaming and equality outcomes. This plan is currently available in draft.

Public representatives / service users / carers are being recruited to support the group in its work and offer an additional perspective to the equality and human rights activity throughout NHS Fife.

The group meet quarterly, with the next meetings taking place as follows:

|                    |   |
|--------------------|---|
| Tuesday 8 August   | Large Room, Staff Club, Victoria Hospital |
| Tuesday 7 November | Large Room, Staff Club, Victoria Hospital |

If you are interested in this role please contact Theresa Rodigan on 01592 643355 (ext 28154) or by email with a short supporting statement: [Fife-UHB.ParticipationAndEngagements@nhs.net](mailto:Fife-UHB.ParticipationAndEngagements@nhs.net)

***NHS Fife Annual Review***  
***Come and Meet Maureen Watt***  
***Minister for Mental Health***

**Date****Are you available to attend both:**

- An information session on **Wednesday 28<sup>th</sup> June 2017 from 2pm – 4pm** in the Meeting Room, Ward 6, Victoria Hospital, Kirkcaldy
- NHS Fife's Annual Review Public Meeting on **Thursday 6<sup>th</sup> July (12.30pm – 1.30pm)** in the Education Centre, Victoria Hospital, Kirkcaldy

**Why?**

**An opportunity to air your views based on your experience of NHS Fife directly with the Minister.**

**Who?****Anyone who has:**

- used local NHS Services within the last 6 months.
- not previously attended NHS Fife's Annual Review Public Meeting.

**If you would like to note your interest in becoming involved in NHS Fife's Annual Review please complete and return the attached form by Tuesday 20<sup>th</sup> June 2017 to: [theresa.rodigan1@nhs.net](mailto:theresa.rodigan1@nhs.net)**

**If you require additional information please call Theresa on telephone number:  
01592 648154**



## New rights guide for Scotland's mental health patients

The Mental Welfare Commission launched a new guide today aimed at ensuring mental health patients have their human rights respected at key points in their treatment.

The guide - called Rights in Mind - is a practical document that lists people's rights when they are first admitted to hospital, when they are on the ward, when they are discharged and when they are being treated in the community.

It was launched at an event in Edinburgh on 24<sup>th</sup> May 2017 by Maureen Watt, Minister for Mental Health, with health care staff, patients, families and carers from across Scotland.

The guide was developed after feedback showed that, for example, voluntary patients were sometimes unaware of whether or not they could leave a ward, or whether or not they could refuse treatment.

Patients who are detained in hospital have an additional set of rights such as a right to be told how long they are detained for, and whether and how they can appeal against their detention.

Patients who have been admitted to different wards reported very different experiences, with some much better at explaining a patient's rights than others.

The guide is supported by a series of five short films showing interviews with ex-patients who talk about their experience, with nurses on pilot wards in Dumfries and Wishaw, and with the Commission.

"The guide was designed for use by staff on wards and in community mental health services across Scotland, but may also be of interest to patients and their families or friends.

"It was developed in consultation with patients, relatives and staff, and has the backing of the Royal College of Psychiatrists, the Scottish Patient Safety Programme, and the Scottish Human Rights Commission.

"We hope the guide and supporting materials will be widely used, and will help staff be confident that they are fully respecting patients' rights in mental health care. A copy of the guide is attached to this news update for information.

If you wish further information on the work of the Mental Welfare Commission for Scotland visit their website: <http://www.mwscot.org.uk/>



## Update On Behalf of The Scottish Government

### SCOTTISH GOVERNMENT

#### Development of Single National Formulary for Scotland

We would like to invite you to attend an event to discuss the development of a Single National Formulary for Scotland.

A Formulary in its simplest form, is a list of medicines that are preferred for use with the majority of patients. For a medicine to be added to a formulary it first and foremost must be shown to be effective and safe. There are many advantages for the majority of patients being prescribed the same medicines, particularly if you require care in another part of the country, as you can be reassured that your medicines will be in stock at a different hospital. A formulary also helps clinicians to develop familiarity and expertise with a smaller number of medicines. Just as importantly a formulary can help reduce the waste of medicines.

We would like you to attend to give your views on how a Single National Formulary should look and what impact it might have on you as a patient. Your views will be gathered through a number of workshop exercises.

The event will be held on Thursday 29<sup>th</sup> June 2017. 10am arrival for a 10:30 start, the event is expected to finish by 1:30pm. The event at SHSC, Crewe Road South, Edinburgh EH4 2LF. Please refer to the following link for details on how to get to the venue <http://www.shsc.scot/venue/find-us/>, reasonable travel expenses will be reimbursed.

If you wish to attend, please register your interest via Eventbrite <https://www.eventbrite.com/e/single-national-formulary-patient-engagement-event-tickets-35134502242>, if you have any trouble using this link please contact Jake Laurie, [Jake.Laurie@gov.scot](mailto:Jake.Laurie@gov.scot) or 0131 244 4501.

*Sent on behalf of Alpana Mair, Head of Effective Prescribing and Therapeutics Branch, Scottish Government*

Alpana Mair FFRPS,IP, MRPharmS  
Head of Effective Prescribing and Therapeutics, Scottish Government  
Scottish Quality, Safety & Improvement Fellow  
EU Project coordinator for SIMPATHY and EIP AHA A1: Prescribing

## Guidance on Engaging Communities in Decisions Relating to Land

Under Part 4 of the Land Reform (Scotland) Act 2016 (“the Act”), Scottish Ministers have a duty to issue “guidance about engaging communities in decisions relating to land which may affect communities” (“the Guidance”).

The purpose of the Guidance is to encourage land owners and land managers to develop co-operative and positive working relationships with local communities. The aim is to support good working practices that can lead to mutually beneficial solutions to land-related problems and better local outcomes for economic, environmental, social or cultural issues.

The consultation seeks the views of key stakeholders on the draft Guidance.

### Why We Are Consulting

The future success of the guidance will require collective buy-in and promotion of the importance of engagement. As part of the development of the guidance, this consultation will ensure that all those who have a view on engaging communities with regard to decisions about land can contribute to that development process.

The guidance can be found using the following link along with the link for adding your views:  
<https://consult.scotland.gov.uk/land-reform-and-tenancy-unit/engaging-communities-in-decisions-relating-to-land/>

**Closing date: 16<sup>th</sup> June 2017**

## Safe and Effective Staffing in Health and Social Care

The proposals set out in the consultation document will focus intentionally on the application of evidence based approaches to nursing and midwifery workload and workforce planning as there is already a validated framework, methodology and suite of planning tools that are mandated for use in NHS Scotland as part of Local Delivery Planning. However, the consultation will seek views on extending this approach when methodologies are developed.

Any personal information will only be used for monitoring purposes and will not be shared.

Respondents can choose if their response will be made public. The response, if requested, will be held confidentially by the Scottish Government.

### Why We Are Consulting

This paper seeks views on what we mean by safe and effective staffing; the requirement on Health Boards to apply the workforce and workload tools consistency; and the requirement on Health Boards to apply the tools in conjunction with professional judgement, local context and quality measures.

The consultation is open to everyone, but in particular we would welcome the views of those working in a healthcare setting.

To see the document and give your views please click on the link below:

<https://consult.scotland.gov.uk/nursing-and-midwifery/safe-and-effective-staffing-in-health-care-setting/>

**Closing date: 5<sup>th</sup> July 2017**



## National Standards for Community Engagement - accessible formats

**We're pleased to announce that new support materials have been produced to accompany the revised National Standards for Community Engagement.**

Developed in partnership with Glasgow Disability Alliance (GDA), the National Standards for Community Engagement are now in the following accessible formats:

- Easy Read version of the National Standards for Community Engagement
- Easy Read - plain large print (18pt) of the National Standards for Community Engagement
- Easy Read - plain large print (24pt) of the National Standards for Community Engagement
- Audio version (MP3) of the National Standards for Community Engagement
- A braille version of the National Standards for Community Engagement is also available on request.

These can be downloaded via the following link: <http://www.voicescotland.org.uk/>



### SAMH's new campaign - Going To Be

Our new campaign is all about children and young people's mental health. Three children in every class will have experienced mental health problems by the time they're 16. And thousands will struggle to get the help they need. It's got to change and with your help it can.

Growing up, we all thought about what we were going to be as adults. It was a magical time when almost anything was possible. An inventor, a drummer, a motorbike racer - the possibilities were endless. Our campaign films feature three young people dreaming about their future, and acknowledging that this future may include a mental health problem.

Find out Aaron's Story here:

<https://www.youtube.com/watch?v=HLRhYh4AGH8>

For more details please visit the website: [www.samh.org.uk](http://www.samh.org.uk)

**Celebrating National Volunteering Week (1 – 7<sup>th</sup> June 2017)**

Check out the latest HIS Blog from Alan Bigham, National Manager for Volunteering in NHS Scotland Programme to find out more about Volunteering:

<https://blog.healthcareimprovementscotland.org>

**Healthcare Improvement Scotland's Strategic Plan for Supporting Better Care  
in Scotland 2017-2020 – Draft**

Healthcare Improvement Scotland is currently preparing its Strategic Plan for 2017-2020, in partnership with staff and stakeholders. The latest draft is available at the link below.

[http://www.healthcareimprovementscotland.org/previous\\_resources/policy\\_and\\_strategy/strategic\\_plan\\_2017-2020.aspx](http://www.healthcareimprovementscotland.org/previous_resources/policy_and_strategy/strategic_plan_2017-2020.aspx)

**Send us your comments and feedback**

If you have any comments or feedback on our plan please share them with us via email: [comments.his@nhs.net](mailto:comments.his@nhs.net)

**All comments must be received by Friday 9<sup>th</sup> June 2017.**

**External assurance of performance against Renal Cancer QPIs****National review report**

In March 2012, the Scottish Government implemented the National Cancer Quality Programme. As part of the programme, Healthcare Improvement Scotland is tasked with providing assurance that NHS boards are meeting, or working to meet, national cancer quality performance indicators (QPIs). Collection of this data is undertaken by NHS boards supported by regional cancer networks. Healthcare Improvement Scotland will undertake a review of the data every three years for each specific tumour type.

All regions submit data to the national review as well as supporting evidence, which provides the clinical context. This information helps the review group to understand how each unit is performing. The data and evidence are then considered by the review group convened by Healthcare Improvement Scotland.

Following the review, Healthcare Improvement Scotland will write to the regional cancer networks highlighting areas of good practice and variations, and will make recommendations. Where required, NHS boards will be asked to submit improvement action plans for any issues that the review group has identified, with timescales for improvement. Members of the review group will then review and monitor these plans.

This report contains the findings of our national review of performance against Renal Cancer Quality Performance Indicators, highlights areas of good practice and makes recommendations for improvement.

[http://www.healthcareimprovementscotland.org/our\\_work/cancer\\_care\\_improvement/cancer\\_qpi\\_reports/renal\\_cancer\\_may\\_17.aspx](http://www.healthcareimprovementscotland.org/our_work/cancer_care_improvement/cancer_qpi_reports/renal_cancer_may_17.aspx)

***Thank you for reading!***

***We hope you have found the information useful. Feel free to contact us if you have any comments or suggestions on what you want in future editions, we always look forward to hearing from you!***

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